Health First Health Plans Health First Gold PPO 80 5118

Coverage Period: On or after 01/01/2017

Coverage for: Members Only | Plan Type: PPO

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

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Underwritten by Health First Insurance

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at http://www.myHFHP.org/COC PS 2017 or by calling 1.855.443.4735.

Important Questions	Answers	Why this Matters:	
What is the overall <u>deductible</u> ?	\$750 person/ \$1,500 family in network; \$1,500 person/ \$3,000 family out of network Does not apply to in-network preventive services., Copays, balance billed charges do not contribute.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usu but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible.	
Are there other <u>deductibles</u> for specific services?	Prescription drugs_ \$200 person/ \$400 family	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.	
Is there an <u>out–of–pocket</u> <u>limit</u> on my expenses?	Yes. For participating providers \$6,850 person/ \$13,700 family For non-participating providers \$13,700 person/ \$27,400 family.	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.	
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance billed charges, non-covered services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.	
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.	
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of participating providers see http://www.myHFHP.org/MP_directory_2017 or call 1.855.443.4735	If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred, or participating for providers in their network. See the chart starting on page 2 for how this plan pays different kinds of providers.	
Do I need a referral to see a specialist ?	No. You do not need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.	
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services.	

- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If a non-participating <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use participating providers by charging you lower deductibles, copayments and coinsurance amounts.

Common Medical Event	Services You May Need		t if you use a Non-Participating Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$20 copay/visit	50% coinsurance after deductible	None
If you visit a health	Specialist visit	\$40 copay/visit	50% coinsurance after deductible	None
care provider's office or clinic	Other practitioner office visit	\$40 copay/visit	50% coinsurance after deductible	Chiropractor-maximum of 26 visits per calendar year.
	Preventive care/screening/immunization	\$0 copay	50% coinsurance after deductible	You may have to pay for services that aren't preventive. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance after deductible	50% coinsurance after deductible	See section IV and V of plan document
	Imaging (CT/PET scans, MRIs)	\$250 copay per visit per type	50% coinsurance after deductible	Requires authorization, without which uncovered expenses might become member's responsibility

Common		Your cost if y		
Common Medical Event	Services You May Need	Participating Provider	Non-Participating Provider	Limitations & Exceptions
	Preferred Generic drugs	\$2 copay, retail or mail order	N/A	Copay is for 30 day supply.
If you need drugs to treat your illness or	Non-Preferred Generic drugs	\$15 copay, retail or mail order	N/A	Copay is for 30 day supply.
condition	Preferred brand drugs	\$200/\$400 deductible, then \$30 copay for 30 day supply	N/A	Cost share is for retail, mail order
More information about <u>prescription drug coverage</u> is available at	Non-preferred brand drugs	\$200/\$400 deductible, then \$50 copay for 30 day supply	N/A	Cost share is for retail, mail order
http://www.myHFHP.org/MP_formulary_2017	Specialty drugs	30% after deductible, retail or mail order	N/A	30 day supply only.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance after deductible	50% coinsurance after deductible	Requires authorization, without which uncovered expenses might become member's responsibility
	Physician/surgeon fees	20% coinsurance after deductible	50% coinsurance after deductible	Authorization may be required.
If you need	Emergency room services	20% coinsurance after deductible	20% coinsurance after deductible	See section IV and V of plan document
immediate medical	Emergency medical transportation	\$150 copay	\$150 copay	See section IV and V of plan document
attention	Urgent care	\$40 copay/visit	50% coinsurance after deductible	See section IV and V of plan document
If you have a	Facility fee (e.g., hospital room)	20% coinsurance after deductible	50% coinsurance after deductible	Limit 21 days per year for inpatient rehabilitative services. Authorization required.
hospital stay	Physician/surgeon fee	20% coinsurance after deductible	50% coinsurance after deductible	Authorization may be required.

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Common Medical Event	Services You May Need	Participating Provider	Non-Participating Provider	Limitations & Exceptions	
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$40 copay per visit	50% coinsurance after deductible	Requires authorization, without which uncovered expenses might become member's responsibility	
	Mental/Behavioral health inpatient services	20% coinsurance after deductible	50% coinsurance after deductible	Requires authorization, without which uncovered expenses might become member's responsibility	
	Substance use disorder outpatient services	\$40 copay per visit	50% coinsurance after deductible	Requires authorization, without which uncovered expenses might become member's responsibility	
	Substance use disorder inpatient services	20% coinsurance after deductible	50% coinsurance after deductible	Requires authorization, without which uncovered expenses might become member's responsibility	
If you are pregnant	Prenatal and postnatal care	\$0 per visit 1-15; ultrasounds 20% coinsurance after deductible.	50% coinsurance after deductible	Visit 16+ subject to Specialist cost share.	
	Delivery and all inpatient services	20% coinsurance after deductible	50% coinsurance after deductible	Requires authorization, without which uncovered expenses might become member's responsibility	
	Home health care	\$0 copay per visit	50% coinsurance after deductible	Limit 60 visits per year.	
	Rehabilitation services	\$20 copay per visit	50% coinsurance after deductible	20 hours per year, per condition. Requires authorization.	
If you need help recovering or have other special health needs	Habilitation services	\$20 copay per visit	50% coinsurance after deductible	20 hours per year, per condition. Requires authorization.	
	Skilled nursing care	20% coinsurance after deductible	50% coinsurance after deductible	120 days maximum per year. Authorization required.	
	Durable medical equipment	20% coinsurance after deductible	50% coinsurance after deductible	Authorization may be required.	
	Hospice service	\$20 copay per visit	50% coinsurance after deductible	180 day maximum/calendar year	
	Eye exam	\$0 copay	Not covered.	One routine eye exam per year.	
If your child needs dental or eye care	Glasses	\$0 copay	Not covered.	One pair of eyeglasses (frame and basic lenses) per year.	
	Dental check-up	\$0 copay	Not covered.	See plan provision materials for details.	

Excluded Services & Other Covered Services:

Abortion, except in cases of rape, incest, or jeopardi	zed • Hearing aids	• Routine eye care	
health of the mother	• Infertility treatment	Routine foot care	
Acupuncture	• Long-term care	Weight loss programs	
Bariatric surgery	• Non-emergency care when traveling	outside the U.S.	
Cosmetic Surgery	• Private-duty nursing		
Dental care			

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1.855.443.4735. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1.866.444.3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1.877.267.2323 x61565 or <u>www.cciio.cms.gov</u>.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Health First Health Plans Customer Service (weekdays 8am to 5pm) Phone Toll-Free: 855.443.4735 TDD services for the hearing or speech impaired: 800.955.8771 Fax Number: 855.328.0062

Health First Health Plans Attn: Member Advocate 6450 US Highway 1 Rockledge, FL 32955 www.myHFHP.org hfhpinfo@hf.org Agency for Health Care Administration (AHCA) Call 1.888.419.3456. (fully-insured plans only)

Florida's Office of Insurance Regulation (OIR) Call 1.877.693.5236. (fully-insured plans only)

Employee Benefits Security Administration Call 1.866.444.EBSA (3272).

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy Does provide minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage Does meet the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 855.443.4735. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 844.552.5279. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 844.552.5279. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 844.552.5279.

- To see examples of how this plan might cover costs for a sample medical situation, see the next page. ——

Questions: Call 1.855.443.4735 or visit us at www.myHFHP.org. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.myHFHP.org/SBC or call 1.855.443.4735 to request a copy. SBC_Health First Gold PPO 80 5118 (1_2017)

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

Amount owed to providers: \$7,540 Plan pays \$5,720 Patient pays \$1,820

Sample care costs:

\$2,700
\$2,100
\$900
\$900
\$500
\$200
\$200
\$40
\$7,540
\$750
\$40
\$880
\$150
\$1,820

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

Amount owed to providers: \$5,400 Plan pays \$4,040 Patient pays \$1,360

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$750
Copays	\$400
Coinsurance	\$130
Limits or exclusions	\$80
Total	\$1,360

Note: These numbers assume the patient is participating in our diabetes wellness program. If you have diabetes and do not participate in the wellness program, your costs may be higher. For more information about the diabetes wellness program, please contact 1.800.308.5848.

Questions: Call 1.855.443.4735 or visit us at www.myHFHP.org.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.myHFHP.org/SBC or call 1.855.443.4735 to request a copy.

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human
 Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from participating **providers**. If the patient had received care from non-participating **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-ofpocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

You can view the Glossary at www.myHFHP.org/SBC or call 1.855.443.4735 to request a copy. SBC_Health First Gold PPO 80 5118 (1_2017)

English:

If you, or someone you're helping, has questions about Health First Health Plans, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-443-4735.

Spanish:

En caso que usted, o alguien a quien usted ayude, tenga cualquier duda o pregunta acerca de Health First Health Plans, usted tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 855-443-4735.

Haitian Creole:

Si oumenm oswa yon moun w ap ede gen kesyon konsènan Health First Health Plans, se dwa w pou resevwa asistans ak enfòmasyon nan lang ou pale a, san ou pa gen pou peye pou sa. Pou pale avèk yon entèprèt, rele nan 855-443-4735.

Vietnamese:

Nếu Quý vị, hay người mà Quý vị đang giúp đỡ, có câu hỏi về Health First Health Plans thì Quý vị có quyền được trợ giúp và được biết thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với thông dịch viên, xin gọi số 855-443-4735.

Portuguese:

Você ou alguém que você estiver ajudando tem o direito de tirar dúvidas e obter informações sobre os Health First Health Plans no seu idioma e sem custos. Para falar com um tradutor, ligue para 855-443-4735.

Chinese:

如果您,或是您正在協助的對象,有與 Health First Health Plans 相關的問題,您有權以您的母語免費取得幫助和資訊。請致電 855-443-4735 與翻譯員洽談。

French:

Si vous, ou quelqu'un que vous êtes en train d'aider, a des questions à propos de Health First Health Plans, vous avez le droit d'obtenir de l'aide et l'information dans votre langue à aucun coût. Pour parler à un interprète, appelez 855-443-4735.

Tagalog:

Kung ikaw, o ang iyong tinutulangan, ay may mga katanungan tungkol sa Health First Health Plans, may karapatan ka na humingi ng tulong at impormasyon sa iyong wika nang libre. Upang makausap ang isang tagasalin, tumawag sa 855-443-4735.

Russian:

Если у вас или лица, которому вы помогаете, имеются вопросы по поводу Health First Health Plans, то вы имеете право на бесплатное получение помощи и информации на вашем языке. Для разговора с переводчиком позвоните по телефону 855-443-4735.

Arabic:

إن كان لديك أو لدى شخص تساعده أسئلة بخصوص Health First Health Plans، فلديك الحق في الحصول على المساعدة والمعلومات الضرورية بلغتك من دون أية تكلفة. للتحدث مع مترجم اتصل بالرقم -443-855 4735.

Italian:

Se lei o qualcuno che sta aiutando avete domande su Health First Health Plans, ha il diritto di ottenere aiuto e informazioni nella sua lingua gratuitamente. Per parlare con un interprete, può chiamare il numero 855-443-4735.

German:

Falls Sie oder jemand, dem Sie helfen, Fragen zum Health First Health Plans haben, haben Sie das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Um mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 855-443-4735 an.

Korean:

만약 귀하 또는 귀하가 돕고 있는 어떤 사람이 Health First Health Plans에 관해서 질문이 있다면 귀하는 그러한 도움과 정보를 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 그렇게 통역사와 얘기하기 위해서는 855-443-4735로 전화하십시오.

Polish:

Jeśli Ty lub osoba, której pomagasz, macie pytania na temat Health First Health Plans, macie Państwo prawo do bezpłatnego uzyskania informacji i pomocy w języku ojczystym. Aby porozmawiać z tłumaczem, prosimy zadzwonić pod numer 855-443-4735.

Gujarati:

જો તમે અથવા તમે કોઇને મદદ કરી રહ્યા હો તેમાંથી કોઇને ઠૅલ્થ ક્સ્ટ ઠૅલ્થ પ્લાન્સ વિશે પ્રશ્નો હોય તો તમને તમારી ભાષામાં વિના મૂલ્યે મદદ અને માહિતી મેળવવાનો અધિકાર છે. દુભાષિયા સાથે વાત કરવા માટે 855-443-4735 પર કૉલ કરો.

Thai:

หากคุณหรือคนที่คุณกำลังช่วยเหลือมีคำถามเกี่ยวกับ Health First Health Plans คุณมีสิทธิที่จะได้รับความช่วยเหลือและข้อมูลในภาษาของคุณได้โดยไม่มีค่าใช้จ่าย หากต้องการพูดคุยกับล่าม โปรดโทร 855-443-4735.

Nondiscrimination Notice

Health First Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Health First Health Plans does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Health First Health Plans:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, accessible electronic formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, please contact Sherri Wynn.

If you believe that Health First Health Plans has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Sherri Wynn, ADA/Section 504 Coordinator, 6450 US Highway 1, Rockledge, FL 32955, 321-434-4521, 1-800-955-8771 (TTY), Fax: 321-434-4362, Sherri.Wynn@hf.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance Sherri Wynn, ADA/Section 504 Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <u>https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</u>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.