

Shift Work Sleep Disorder in Hospitals: Reducing Risk & Improving Outcomes

**Health
First**

~In coordination with the Friday CME offering~



Target : Health First Nurses, Respiratory Therapists, & Occupational Therapists

Objectives:

Recognize the symptoms of Shift Work Sleep Disorder (SWSD)
Discuss the impact of SWSD on work performance
Identify appropriate tools to assess excessive sleepiness
Describe an evidence based approach to managing SWSD

Location: Live at **HRMC** Auditorium A
& videoconferenced to:
CCH Conference Room B
PBH Private Dining Room
VH First Floor Conference Room

Speaker: **Phyllis C. Zee MD, Ph.D**
Director of Sleep Disorders Program,
Northwestern University, Chicago, Illinois

Date: Friday, February 10th, 2012 12:30pm-1:30p

Cost: No cost to Health First Associates and registration is not required.

Credit: This program has been approved for **1.0 contact hour** of continuing education for **Nurses, Respiratory Therapists & Occupational Therapists** through the Health First Center for Learning CE Broker #50-873.

For more information, contact Cheryl McKinney at (321) 434-1962 or Lalane Hayworth at (321) 434-1969 or email her at lalane.hayworth@Health-First.org